



What is RYLA about?

RYLA is a Rotary program to encourage the development of young people (age 18 – 26) as future community and business leaders and succeeds by:

- helping them to find out who they are
- creating a testing environment for them to operate in
- challenging them both physically and mentally
- supporting them while they deal with fears that hold them back
- teaching them how to be effective servant leaders
- encouraging them to get involved in the wider world
- making it all fun

How do we do it?

By combining the finest of outdoor development activities with current best practice in leadership training all building their skills throughout the week to:

- put the candidates under pressure to learn about themselves
- apply the skills they have acquired during the week
- work effectively as a team when tired and stressed
- discover the benefits of delegation
- recognise and utilise skills in others
- work to tight deadlines
- understand the problems of leadership
- learn from their own mistakes

What attendees say about RYLA

- Life changing
- Challenging & Exciting
- Understanding myself and impact on others
- Realisation of the strength of teamwork
- Unforgettable
- Strangers become life long friends
- Fun
- Fantastic!

Find out more about the [RYLA experience](http://www.ryla.co.uk) here www.ryla.co.uk

What you can do

- If you are a Rotarian simply ensure your club is supporting the District 1080 RYLA program by agreeing to send a candidate, finding, selecting and sending candidates to the week long course.
- Consider finding a sponsor from local business or enterprise and encourage involvement.
- Visit or take part in the week by contributing skills
- Promote RYLA to the outside world as a Rotary activity